



Tools For Action

A sample of physical education initiatives in Wisconsin

Active Games for those Not So Active Units

Contact Information

Main Contact Person
Pat Witkowski
Title of Main Contact
Elementary Physical Education Teacher
School Name
Summit Elementary School
School District Name
Oconomowoc Area School District
Contact Phone Number
262-560-8300
Contact Email Address
gwit@charter.net

Program Information

Program Name
Active Games for those Not So Active Units
Program Category
Innovative teaching strategy (new or unique games, curricula, etc.)
Grade Level
Elementary School (K-2); Elementary School (3-5)
Assessment Method
Participation rates (number of students involved)

Program Information

Products Developed or Materials Used:

Program Description:

Active games to enhance fitness, teach cognitive concepts, and promote teambuilding in individual lifetime sports units

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:
<http://dhfs.wisconsin.gov/health/physicalactivity/>
or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)